

Direct and indirect health effects of climate change on older people



Climate change is increasingly affecting the health of older people, both directly and indirectly. Understanding these impacts is essential to promote resilience and adapt healthcare services.

Direct effects:



Heatwaves and extreme temperatures



Extreme weather events



Respiratory issues



Cold waves & hypothermia

Indirect effects:



Vector-borne diseases



Healthcare system disruptions



Food and water security

Specific Vulnerabilities of Older People:



Frailty and chronic conditions



Social isolation



Cognitive impairment

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