

Human centered design for a flexible, multi-professional telerehabilitation system: Results from an initial real-life evaluation within the project REHA2030

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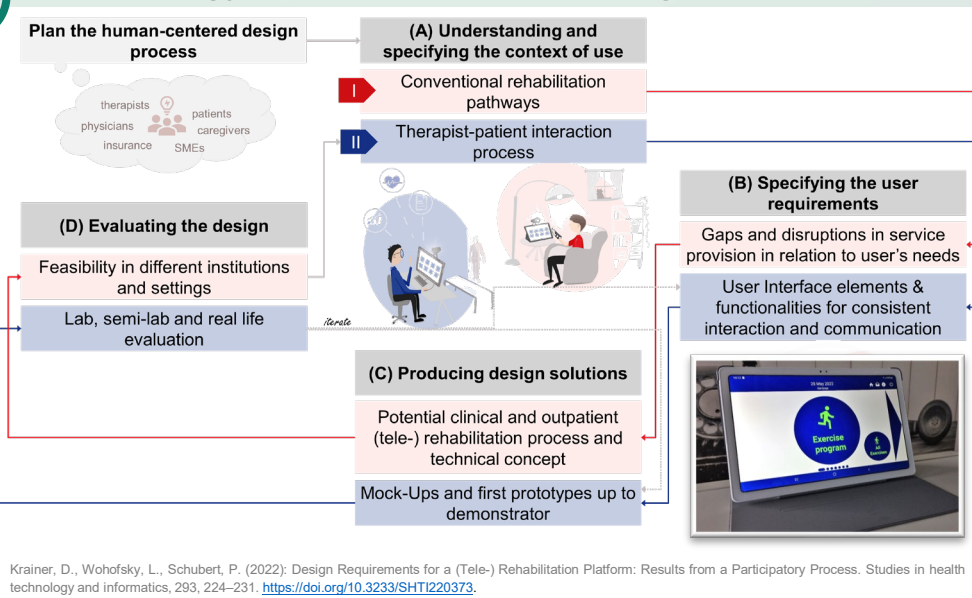
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Methodology: Human Centered Design



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Technology Platform: Components

- 1. Patient data administration:** personal data, assessments, therapy goals and plans
- 2. Exercise program:** tailored exercises or programs, scheduled in the calendar, with images or videos, device supported exercises, serious games
- 3. Activity monitoring:** statistical data and visualization of conducted exercises, success rate (games) or measured parameters (e.g. hand force from Pablo)
- 4. Communication:** video call and chat function
- 5. Feedback and diary:** direct feedback on the daily condition and the exercises and a private diary for the patient
- 6. Therapy reporting:** regular documentation and semi-automatic creation of therapy reports

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Trial Setting and Evaluation Design

Clinical setting

- outpatient tele-therapeutic aftercare
- 6 therapists (occupational, physio, speech)
- 3 patients
- instruction in clinics; 4 weeks post-clinical aftercare

Freelance Setting

- 1 occupational therapist
- 1 patient
- 10 sessions (f2f & synch)
- 10 weeks

Research Questions

- How does REHA2030 work in real life?
- Is it usable and user friendly?
- Does it support the therapy and training?
- Is it practicable?

Evaluation Methods

- Technology affinity
- Telehealth Usability Questionnaire
- Pre/Post test interview
- Usage characteristics

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First Results

